

SUN	MON	TUE	WED	THU	FRI	SAT
SCAN TO	1 LABOR DAY REC CLOSED NO CLASSES	City Scouts - 4:30PM (Ages 6-9) @ Police Dept.	Boot Scootin' 6:45PM - Rec Center	4	5	6
7	Discovery 4:30PM - Rec Center	9	Boot Scootin' 6:45PM - Rec Center	Airrosti Workshop 1PM - Rec Center	12	13
14	Cooking for Change 4:30PM - Rec Center	Thyme Around the Table 1PM - Rec Center	City Scouts - 4:30PM (Ages 10-13) @ Police Dept.	18	19	Tiny Connections 11:45AM - Rec Center Junior Master Naturalist - 10AM @ Bob Bryant Park
21	Discovery 4:30PM - Rec Center	23	24	25 Fall Prevention Workshop 1PM - Rec Center	26	Junior Master Naturalist - 10AM @ Bob Bryant Park
28	29	30	FREE COMMUNEVENTS FREE YOUTH PROGRAMS	FREE ADU PROGRAI FEE-BASI PROGRAI	JLT MS ED MS	2-332-8805 RKS.REC@CITYOFBASTROP.ORG TYOFBASTROP.ORG/RECREATION



movement, art, science, and more! Ages 6-12.

About Our Programs & Events

Airrosti Workshop - Join Amanda Gibson with Airrosti for a FREE Mobility Clinic! Learn new techniques for pain prevention and athletic performance enhancement!

Boot Scootin' - (Basics) Consists of lower impact, slower, symmetrical more entry level line dances. Great for beginner to intermediate levels. (Blitz) Consists of higher impact, faster, asymmetrical more difficult line dances. Great for intermediate to advanced levels.

City Scouts - Adventures that empower youth to explore, learn, and grow while discovering the heart of our community! Tour various City facilities, meet local officials, and experience the behind the scenes of the vital role each department plays in the community!

Cooking for Change – Let's stir things up—literally! Join us for Cooking for a Change, where we mix up fun, flavor, and fresh ideas. In each session, you'll cook up tasty recipes and dive into real conversations about topics that matter. Led by the Family Crisis Center, this experience is about more than just food—it's about finding your voice, connecting with others, and making a difference in your community. Come hungry for change! Ages 11–14. **Discovery** – Program that gives the opportunity to seek, explore, and DISCOVER! Activities may include

Explore, learn, and make new friends at youth Discovery! Sign up today for fun-filled art, stem, and nature activities, team challenges, and ultimate exploration!

Fall Prevention Workshop – Join us for a practical and informative fall prevention workshop designed for older adults. Learn why falls happen, how to prevent them, and what to do if one occurs. This session includes expert tips, facts, and a hands-on demonstration of how to safely get up after a fall.

Junior Master Naturalist - Learn about Texas birds, insects, reptiles, mammals, plants, water and rocks. Each session will include activities and games! Ages 5-14.

Thyme Around the Table - Discover the secret to healthy, delicious eating, one spoonful at a time! Each month, we'll explore fresh ways to transform everyday ingredients into simple, flavorful dishes with a healthy twist. From seasonal favorites to holiday-inspired creations, every session brings something new to the table!

Tiny Connections - A caregiver-and-child class series designed to foster connection, movement, and fun! Ages 2-7.